

Health and Social Care

Why study this course at Riverside College?

This Health and Social Care course is an excellent opportunity to develop professional skills, knowledge and expertise in all aspects of health and social care with adults and children and is designed for those who want to pursue a highly rewarding career within the caring sector with the skills required to ensure you are an asset to prospective employers.

Providing help or care to those in need offers a great sense of achievement. Studying towards a health and social care qualification with us is the first step in becoming part of an essential and worthwhile sector. We offer practical experiences throughout your studies, supported by work experience with local employers. The department is committed to inspiring and motivating learners through high quality teaching and learning and progression guidance.

Are there any costs associated with this course?

There are t-shirts available to purchase at a cost of £7 (costs subject to change for 2022) which should be worn whilst on placement. You will need a clear DBS check.

How will I be assessed?

You will achieve the qualification by completing a range of assignments and external assessments for each unit including placements. There will also be four exams at Level 3.



Enrichment opportunities

Visits to care facilities, raising money for charities, university visits. Additionally, you will be able to build up a portfolio of short courses in first aid, dementia awareness, manual handling, autism and counselling.

Industry placements

An integral part of these courses is the completion of a range of placements.

Level 2 60 hours

Level 3 150 hours

The placement experience will enable you develop your practical and personal skills that you will need to be successful in your chosen career.

The exciting and innovative courses in Health, Social Care at Riverside College provide students with invaluable experience in our Clinical Practice Ward and Social Care Room.

At Riverside, students benefit from our innovative partnerships with the NHS and Community Integrated Care (CIC) which offers students a wide range of prestigious placements in settings including hospitals, mental health care settings, care homes, SEN schools and social work agencies.

Outstanding Facilities

Our fantastic simulated ward with manikin patients and an accessible care suite helps students to experience a real work environment. You will be able to carry out many practical elements of the course such as taking blood pressure, checking heart rates and pulse, and practice moving and handling.



Introduction to Health and Social Care and Children and Young People Level 1 CACHE Diploma - 1 Year

Entry Requirements

You require a minimum of 4 GCSEs at grade 9 – 2 including English Language and Maths.

What will I learn on this course?

The course will cover topics including:

- Understanding of health and healthy eating
- Children's and young people's development
- Physical care of babies and young people

What will this course lead on to?

Level 2 Early Years or Health and Social Care.

Health and Social Care Level 2 Extended Certificate - 1 Year

Entry Requirements

Four GCSEs grade 9 – 3 including Maths, English Language.

What will I learn on this course?

The course will cover topics including:

- Health and Social Care services
- Human lifespan and development
- Individual needs in Health and Social Care
- Work experience

What will this course lead on to?

Employment in the Care Services, Level 3 T Level or Level 3 Extended Diploma

Health and Social Care Level 3 Extended Diploma - 2 Years

Entry Requirements

A minimum of 5 GCSEs at grade 9 – 4 including a grade 4 in English Language and Maths. Students must also have a clear DBS.

What will I learn on this course?

The course will cover topics including:

- Anatomy and physiology
- Psychology, sociology and health education.
- Health related legislation
- Communication
- Personal and professional development (this unit involves at least 150 hours of placement in a social care or early years settings)

On the Level 3 course there be four exams over the two years.

What will this course lead on to?

You could progress to a BA (Hons) degree in Adult & Children's Nursing, Mental Health roles & Learning Disability Nursing, Social Work & Youth Work, Public Health, Social Care, Community Work and SEN. You could enter employment as a senior care worker in a range of settings including residential and nursing homes.

Nursing Cadets Level 3 Extended Diploma - 2 Years

Entry Requirements

A minimum of 5 GCSEs at grade 9 – 4 including a grade 4 in English Language and Maths. Students must also have a clear DBS.

What will I learn on this course?

The course will cover topics including:

- Anatomy and physiology
- Psychology, sociology and health education.
- Health related legislation
- Communication
- Personal and professional development (this unit involves at least 150 hours of placement in a health setting)

On the Level 3 course there be four exams over the two years.

What will this course lead on to?

You could progress to a BA (Hons) degree in Adult & Children's Nursing, Midwifery, Mental Health roles & Learning Disability Nursing.

A career in the Aesthetics industry:

Students who are interested in a career in the growing aesthetics industry can combine the Nursing Cadets course with a two-year course in beauty which offers students the opportunity to complete:

- Level 2 Award in Skincare and Facial in year 1
- Level 3 in Electrical facial Treatments in year 2

Riverside College

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