

# Health and Beauty Nursing Aesthetics

## Why study this course at Riverside College?

This unique course combines the health units from the Level 3 Extended Diploma in Health Studies (including Science) with industry experience within a beauty therapy context.

These varied experiences enable you to develop professional skills, knowledge, skills and qualities to a high standard.

### Level 3

Extended Diploma in Health Studies

### Level 2

Award in Skincare and Facial in year 1

### Level 3

in Electrical Treatment in year 2

This exciting combination of health-related units blended with an emphasis on non-invasive cosmetic procedures which will allow for a progression pathway into aesthetics after gaining a nursing degree. A nursing degree is essential to be able to administer treatments including Botox and fillers.

## Entry requirements

A minimum of 5 GCSEs at grade 9 – 4 including a grade 4 in English Language, Maths and Science. Students must also have a clear DBS.

## What will I learn on this course?

- Anatomy and physiology
- Psychology
- Sociology
- Physiological disorders
- Science for health
- Facial peels
- Micro current
- Galvanism
- High frequency
- Natural facelift massage
- Thai herbal
- Acupressure facial

Students will be required to complete 150 hours of placement within a hospital setting which will enable you develop your practical and personal skills that you will need to be successful in your chosen career.

## How will I be assessed?

Personal and professional development – this unit involves at least 150 hours of placement to be successfully completed in a range of health and social care or early year's settings. Students must reflect on each experience using tutor and mentor reports and their own evaluations and produce a portfolio. There will be four exams over the two years.

## Are there any costs associated with this course?

All students will require a clear DBS, a beauty kit £25.00, tunic £25.00 (subject to change for 2020) you must also wear full length black trousers and a full black shoe.

## Facilities

Our fantastic new 2-bed ward with simulated patients and an accessible care suite helps students to experience a real work environment. You will be able to carry out many practical elements of the course such as taking blood pressure, checking heart rates and pulse, and practice moving and handling. Students will complete beauty units within the College's industry standard VITA beauty salons.

## What can this course lead onto?

Successful completion of this course could lead to a BA (Hons) Degree in Adult & Children's Nursing, with a focus on the Aesthetics Clinician route.

The exciting and innovative courses in Health, Social Care at Riverside College provide students with invaluable experience in our Clinical Practice Ward and Social Care Room.

At Riverside, students benefit from our innovative partnerships with the NHS and Community Integrated Care (CIC) which offers students a wide range of prestigious placements in settings including hospitals, mental health care settings, care homes, SEN schools and social work agencies.

The additional beauty elements will give students the opportunity to learn skills including, facial peels, micro current, galvanism, high frequency, natural facelift massage, thai herbal and acupressure facial.

## Outstanding Facilities

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